



# SARAH SEEDS

ACTOR WRITER CREATOR

SAG-AFTRA, AEAe, TV Academy Member



EMMY  
Considered



Height: 5'2 | Eye Color: Blue | Hair Color: Brown  
I'm bi-coastal & a local in NYC, LA & the Mid-Atlantic.

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## KNOWN FOR

- Inside Amy Schumer
- Riding the D with Dr. Seeds (Emmy Considered)
- The Mint

## RECENT BOOKINGS

- 'Doopsy' (Lead) w/ 'Hunger Games' Stef Dawson
- 'Powerful Stuff' (Lead) w/ Creator Justin Andrew Davis
- 'Bathed in the Night' (Lead) Created by Sarah Seeds
- 'When Lies Shatter' (Lead) Created by Anna Konovalova

## TRAINING

- The International Acting Studio (2020-Cont.)
- Upright Citizens Brigade (Improv 101-301)
- Stonestreet Studios Film & TV Workshop
- BA Theater (George Mason University)



### Manager ✨ Main Contact

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